



2019 HOCKEY EQUIPMENT GUIDE



Required Equipment

- HECC-approved hockey helmet with facemask
- Jock (or Jill for girls)
- Shoulder pads
- Elbow pads
- Hockey pants
- Knee pads
- Hockey socks
- Hockey skates (no plastic or beginner models)
- Hockey gloves
- Hockey stick (no plastic or street hockey sticks)

Other recommended accessories

- Mouth Guard
- Neck Guard
- Jersey
- Shin pad tape
- Hockey bag
- Skate guards
- Water Bottle
- Stick tape

How to Dress Your Youth Hockey Player: <https://youtu.be/fvefXKM3cU>

