



HOCKEY EQUIPMENT GUIDE

(Revised 8.15.2025)



REQUIRED EQUIPMENT

- HECC-approved hockey helmet with facemask
- Shoulder pads
- Elbow pads
- Jock (or Jill for girls)
- Hockey gloves
- Hockey stick (no plastic or street hockey sticks)
- Hockey pants
- Shin (Knee) pads
- Hockey socks
- Hockey skates (no plastic or beginner models)

OTHER RECOMMENDED ACCESSORIES

- Mouth Guard
- Neck Guard
- Jersey
- Shin pad tape
- Hockey bag
- Skate guards
- Water Bottle
- Stick tape

How to Dress Your Youth Hockey Player:

<https://www.youtube.com/watch?v=j9qeyLlq5QE>



To help you get the equipment needed, we've partnered with vendors [Rink Rat Rentals](#) to rent equipment and [Pure Hockey](#) to purchase equipment.